

Guide for Crushing Oral Medication for Residents with Swallowing Difficulties in Residential Aged Care

Medicine	Funded brand	Form	Administration if swallowing difficulties
ACICLOVIR	Lovir	Tablet	Soluble, dispersible ⁴ Swallow whole or disperse in at least 50mL of water ³
ALENDRONATE, ALENDRONATE <i>with</i> COLECALCIFEROL	Fosamax Fosamax Plus	Tablet	Do not divide, crush, chew or disperse ^{3,4} Mucous membrane irritant ^{1,4} Alternate bisphosphonate available as injection ³
ALLOPURINOL	DP-Allopurinol	Tablet	Scored, may be halved ³ Can crush and mix with water or yoghurt or apple puree ⁴
ALUMINIUM HYDROXIDE	Alu-Tab	Tablet	Film coated. Can crush; mix powder with 5-10mL water, and give immediately. ⁴ If aspiration risk, may crush and mix with yoghurt. ⁴
AMIODARONE	Aratac	Tablet	Scored, uncoated tablet. ³ May disperse tablet; disperses within 5min. If it does not disperse within 5 min, may crush ⁴ Tablets have a bitter taste, may be given with fruit juice ⁴
AMITRIPTYLINE	Arrow-Amitriptyline	Tablet	Film coated ³ Can crush but tablet has a bitter burning taste and may numb mouth, ensure mouth is rinsed well after taking ⁴
AMLODIPINE	Vasorex	Tablet	Do not halve ³ Disperse the tablet in water or crush and mix with apple puree, tablet has a bitter taste ⁴
AMOXICILLIN	Alphamox	Capsule	Alternative route available ³ Oral liquid form available ³
AMOXICILLIN/ CLAVULANIC ACID	Curam Duo 500/125	Tablet	Film coated ³ Can crush, but use immediately (clavulanic acid is sensitive to moisture) ⁴ . Wear a mask and gloves if crushing. Alternative route available; oral liquid form available ³
ARIPIRAZOLE	Aripiprazole Sandoz	Tablet	Can crush and mix with water or yoghurt or apple puree. Wear a mask and gloves if crushing ⁴
ANASTRAZOLE	Anatrole	Tablet	Film coated ³ . Do not halve ³ Disperse in water, may take up to 8min to disperse. Wear a mask and gloves if dispersing and do not disperse if you are pregnant. ⁴

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ASCORBIC ACID	Cvite	Tablet	No information.
ASPIRIN EC	Ethics Aspirin EC	Tablet	Chewable tablet available but not funded ⁷ Enteric coated, swallow whole; ⁷ do not divide, crush, chew or disperse ^{4,7} Soluble, dispersible tablet available ⁷
ASPIRIN (dispersible)	Ethics Aspirin	Tablet	Soluble, dispersible; dissolve in 10-20ml of water before taking ⁷
ATENOLOL	Mylan Atenolol	Tablet	Film coated, may be halved ³ Disperse in water or if not dispersed in 5min, can crush ⁴
ATORVASTATIN	Lorstat	Tablet	Film coated; 20mg, 40mg and 80mg may be halved ³ Disperse tablet in water or if slow to disperse, can crush. Do not disperse or crush tablet if you are pregnant ⁴
AZATHIOPRINE	Azamun	Tablet	Film coated ³ Swallow whole, do not divide or chew ^{3,4}
BACLOFEN	Pacifen	Tablet	Disperse tablet in water or crush and mix with yoghurt or apple puree. ⁴ Oral liquid is available ⁷
BENDROFLUMETHIAZIDE	Arrow-Bendrofluazide	Tablet	Do not halve ³
BETAHISTINE	Vergo 16	Tablet	No information
	Serc	Tablet	Crush the tablet and mix with water or yoghurt or apple puree ⁴
BEZAFIBRATE	Bezalip	Tablet	Film coated tablet, swallow whole ³
BEZAFIBRATE SR	Bezalip Retard	Tablet	Sustained release, film coated, swallow whole ³
BICALUTAMIDE	Binarex	Tablet	Occupational exposure may be harmful. Do not crush if pregnant, crush in a closed tablet crusher, tablet is difficult to crush. ⁴
BISACODYL EC	Bisacodyl laxative PSM	Tablet	Enteric sugar coated; swallow whole ³ Do not divide, crush, chew or disperse ⁴ Alternative route available, suppositories available ³
BISOPROLOL	Bisoprolol Mylan	Tablet	Film coated tablet ³ Swallow whole, do not chew ³
BUMETANIDE	Burinex Section 29	Tablet	May be crushed ⁴
BUSPIRONE	Viatris Buspirone	Tablet	No information
CALCITRIOL	Calcitriol-AFT	Capsule	No information
CALCIUM CARBONATE	Calci-Tab 500	Tablet	May be crushed ⁴ Oral liquid form available ⁷

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CANDESARTAN	Candestar	Tablet	May be halved ³ May crush and mix with water, yoghurt or apple puree Do not crush if you are pregnant ⁴
CARBAMAZEPINE	Tegretol	Tablet	May disperse in water ⁴ . Wear a mask and gloves and do not disperse if pregnant ⁴ Oral liquid form available ⁷
CARBAMAZEPINE CR	Tegretol CR	Tablet	Controlled release, film coated ³ May be halved ³ Do not crush, chew or disperse ⁴
CARBIMAZOLE	Neo-Mercazole	Tablet	May be crushed ⁴ Wear a mask a gloves if crushing, do not crush if pregnant ⁴
CARVEDILOL	Carvedilol Sandoz	Tablet	May be dispersed in water within 1-8 min ⁴
CEFACTOR	Ranbaxy-Cefaclor	Capsule	Oral liquid form available ³
CETIRIZINE	Zista	Tablet	Film coated; may be halved ³ Oral liquid form available ⁷ Can be crushed but has very bitter taste ⁴
CICLOSPORIN	Neoral	Capsule	Swallow whole, ³ do not crush, chew or open ⁴ Alternative route available, oral liquid form available ³
CILAZAPRIL	Zapril	Tablet	Film coated ³ May be divided ³
CIPROFLOXACIN	Cipflox	Tablet	Film coated ³ The 500mg strength if scored, may be halved ³ Alternative route available ³ Can crush. Wear a mask and gloves if crushing ⁴
CITALOPRAM	PSM Citalopram	Tablet	Film coated ³ Disperse the tablet in water, may take up to 10min to disperse ⁴
CLINDAMYCIN	Dalacin C	Capsule	Can disperse capsule contents in 10ml of water, but has an unpleasant taste; can mix with food or juice to mask taste ⁴ Alternative route available ⁷
CLOMIPRAMINE	Clomipramine-Teva	Tablet	Film coated; do not halve ³ Disperse in water or crush if taking long to disperse, the dispersed or crushed tablet will numb the mouth, rinse mouth well after taking ⁴
CLONAZEPAM	Paxam	Tablet	May be crushed or dispersed in water ⁴ may be halved ³ Oral liquid form available ³
CLONIDINE	Clonidine Teva Catapres	Tablet	Alternative route available ⁷ May be dispersed in water ⁴ May be halved ³ Alternative route available ⁷
CLOPIDOGREL	Clopidogrel – Multichem	Tablet	Film coated ³ Crush the tablet and mix with water, yoghurt or apple puree ⁴

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CLOZAPINE	Clozaril	Tablet	Oral liquid form available ³ Occupational exposure hazard, not recommended to be crushed ⁴
	Clopine		May be halved ³ Oral liquid form available ³ Occupational exposure hazard, not recommended to be crushed ⁴
CODEINE PHOSPHATE	Codeine phosphate PSM	Tablet	Can crush and mix with water, yoghurt or apple puree ⁴ .
COLCHICINE	Colgout	Tablet	May be dispersed in water ⁴
COLECALCIFEROL	Vit.D3	Capsule	Soft gelatin capsule ³ No stability data about withdrawal of capsule contents ^{4,6} Oral liquid available ⁷
CO-TRIMOXAZOLE	Trisul	Tablet	Alternative route available, oral liquid available ³
CYCLIZINE	Nausicalm	Tablet	Can be divided into equal doses ³ Alternative route available ³ Can be crushed but is hard to crush ⁴
CYCLOPHOSPHAMIDE	Cyclonex	Tablet	Do not divide, crush, chew or disperse ⁴ Cytotoxic, occupational health and safety risk to staff ²
DABIGATRAN	Pradaxa	Capsule	Do not crush, chew or open ⁴ Bioavailability increases by 75% when pellets are taken without the capsule shell ¹
DEXAMETHASONE	Dexamethsone	Tablet	Crush the tablet and mix with water, yoghurt or apple puree ⁴
DIAZEPAM	Arrow-Diazepam	Tablet	Alternate route available, oral liquid available ⁷
			Can be divided into equal doses. Alternative route available ³
DICLOFENAC EC	Diclofenac Sandoz	Tablet	Disperse the tablet in water, will take 2-5min to disperse ⁴
DICLOFENAC SR	Voltaren SR	Tablet	Enteric coated; do not crush, divide or chew ^{3,4} Alternative route available, dispersible tablet available ³
DICLOFENAC DISPERSIBLE	Voltaren D	Tablet	Slow release. Swallow whole, do not divide, crush, chew or disperse ³ Alternative route available ³
DIGOXIN	Lanoxin Lanoxin PG	Tablet	Do not divide or chew the tablet, disperse the tablet in a glass of water ³
DIHYDROCODEINE TARTRATE LA	DHC Continus	Tablet	May be crushed ⁴ Oral liquid form available ³
			Long- acting; swallow whole ³ Do not divide, crush, chew or disperse ³

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DILTIAZEM CD	Apo-Diltiazem CD	Capsule	Controlled delivery; do not crush or chew ³ May open the capsule and mix the pellets with a spoonful of yoghurt or apple puree. The pellets must be swallowed without chewing ⁴
	Accord	Capsule	
	Cardizem CD	Capsule	
DIPYRIDAMOLE SR	Pytazen SR	Tablet	Sustained release; swallow whole ³ Do not divide, crush, chew or disperse ³
DOCUSATE & SENNA	Laxsol	Tablet	Film coated ⁷ May be crushed, crushed tablet has an unpleasant taste ⁴
DOCUSATE SODIUM	Coloxyl	Tablet	May be crushed but is hard to crush ⁴
DOMPERIDONE	Domperidone (Pharmacy Health)	Tablet	Disperse tablet in water ⁴
DONEPEZIL	Donepezil-Rex	Tablet	Film coated ³ May be crushed or dispersed in water ⁴
DOXAZOSIN	Doxazosin Clinect	Tablet	No information
DOXYCYCLINE	Doxine	Tablet	Film coated ³ Crushing may cause oesophageal irritation and ulceration ³
EMPAGLIFLOZIN	Jardiance	Tablet	Film coated ³ May be crushed ⁴ Do not crush the tablet if you are pregnant ⁴
EMPAGLIFLOZIN with METFORMIN	Jardiamet	Tablet	Film coated ³ May be crushed ⁴ Do not crush the tablet if you are pregnant ⁴
ENALAPRIL	Acetec	Tablet	May be crushed, the crushed tablet has an unpleasant taste ⁴ Do not crush if you are pregnant ⁴
ENTACAPONE	Comtan	Tablet	Film coated ³ Disperse the tablet in at least 20 mL of water. The tablet will disperse within 7 minutes ⁴
ERYTHROMYCIN ETHYL SUCCINATE	E-Mycin	Tablet	Film coated ^{3,4} Alternative route available, liquid form available ³ May be crushed wearing a mask and gloves, crushed tablets have a bitter taste ⁴
ESCITALOPRAM	Escitalopram Ethics	Tablet	Film coated ³ Disperse tablet in water ⁴ Tablets have bitter taste ⁴
EZETIMIBE	Ezetimibe-Sandoz	Tablet	May be crushed ⁴
FAMOTIDINE	Famotidine Hovid	Tablet	Disperse tablet in 5-10mL water and given immediately ⁴ May crush tablet if not dispersed within 3-5 min ⁴ Alternative route available ⁷

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FEBUXOSTAT	Febuxostat multichem	Tablet	Film-coated, immediate release ³ May be crushed ⁴
FELODIPINE ER	Plendil ER Felo 5 ER Felo 10 ER	Tablet	Extended release ³ Do not divide, crush or chew ³
<i>FERROUS FUMARATE</i>	Ferro-tab	Tablet	May be crushed ⁴ Alternative route available, oral liquid form available ⁷
<i>FERROUS FUMARATE with FOLIC ACID</i>	Ferro-F-tabs	Tablet	Film coated; ⁴ swallow whole ⁴ Alternative route available, liquid form available ⁷
FERROUS SULFATE (long acting)	Ferrograd	Tablet	Film coated, modified release ⁴ Do not divide, crush, chew or disperse ⁴ Alternative route available, liquid form available ⁷
FINASTERIDE	Ricit	Tablet	Film coated ³ May be dispersed in an enteral syringe ⁴ Women of child-bearing potential should not crush/disperse or handle broken tablets ³
FLUCLOXACILLIN	Flucloxacillin-AFT	Capsule	Do not crush, chew or open; contents have a bitter taste ⁴ Alternative route available, liquid form available ³
FLUCONAZOLE	Fluconazole Mylan	Capsule	Swallow the capsules whole with a glass of water ³ Alternative route available, liquid form available ³
FLUDROCORTISONE ACETATE	Florinef	Tablet	May be dispersed in water; will disperse within 1 minute, give immediately after dispersing ⁴
FLUOXETINE	Fluox	Capsule	Swallow whole, dispersible tablet available ³
FLUOXETINE (dispersible)	Fluox	Tablet	Soluble, dispersible ³ May be swallowed whole, or broken in half for a 10mg dose, or dispersed in 100mL of water before drinking immediately ³
FOLIC ACID	Folic acid multichem	Tablet	May disperse in water, may take up to 6min to disperse ⁴
	Folic acid Mylan	Tablet	
FUROSEMIDE (FRUSEMIDE)	IPCA-Frusemide	Tablet	Oral liquid available ³ Disperse in 10-20ml of water or may be crushed ⁴
	Urex Forte	Tablet	Does not disperse easily, may be crushed ⁴
	Furosemid-Ratiopharm	Tablet	Disperse in 10-20ml of water or may be crushed ⁴

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GABAPENTIN	Nupentin	Capsule	Capsule contents have an unpleasant taste. May open capsule and mix contents with applesauce or orange juice. Give immediately (gabapentin hydrolyses rapidly) ⁴
GLICLAZIDE	Glizide	Tablet	May be halved ³ Disperse in 10-20ml of water or may be crushed ⁴
GLIPIZIDE	Minidiab	Tablet	Disperse in water; will disperse in 1 minute or may be crushed ⁴
HALOPERIDOL	Serenace	Tablet	Disperse in water, will take 4min or may be crushed. Wear gloves as can cause dermatitis ⁴ Alternative route available, oral liquid form available ³
METHENAMINE (HEXAMINE) HIPPURATE	Hiprex	Tablet	May be halved ⁴ May be crushed ⁴
HYDROXYCHLOROQUINE	Plaquenil	Tablet	Film coated tablets ³ May be crushed but has a very bitter taste. Do not crush if you are pregnant. ⁴
HYDROXYUREA (HYDROXYCARBAMIDE)	Devatis	Capsule	Cytotoxic, if the patient can self-administer they should wear a mask and gloves and empty the contents of the capsule into a glass of water and take it immediately. ⁴
HYOSCINE BUTYL BROMIDE	Buscopan	Tablet	Sugar coated; ³ may be crushed ⁴ Alternate route available ⁷
IBUPROFEN	Ibuprofen Relieve	Tablet	Film coated; swallow whole, do not chew, break, crush or suck – may cause oral discomfort and throat irritation ³ Oral liquid form available ³
IBUPROFEN SR	Brufen SR	Tablet	Sustained release ³ Swallow whole with plenty of fluids ⁷
IMIPRAMINE	Tofranil	Tablet	Sugar coated ³ May be crushed, does not disperse easily. Crushed tablet may numb the mouth ⁴
INDAPAMIDE	Dapa-Tabs	Tablet	Film coated; do not halve ³ May be crushed ⁴
	Mylan Indapamide	Tablet	No information
ISOSORBIDE MONONITRATE	Ismo 20	Tablet	Do not crush or chew, may be divided along the score line ³
ISOSORBIDE MONONITRATE SR	Duride	Tablet	Sustained release; swallow whole ^{3,4} Do not crush, chew or disperse ⁴ May be divided (but each portion swallowed whole) ^{3,4} Immediate release preparations available ³
	Ismo 40 Retard		Slow release; swallow whole ³ Do not divide tablet Immediate release preparations available ³
IVERMECTIN	Stromectol	Tablet	Disperse the tablet in water or may be crushed ⁴

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LAMOTRIGINE	Logem Lamictal	Tablet	May be chewed, dispersed in a small amount of water, or swallowed whole ^{3,4}
LANSOPRAZOLE	Lanzol Relief	Capsule	Swallow whole, do not crush or chew ³
LEFLUNOMIDE	Arava	Tablet	Film coated ³ Swallow whole, do not divide ³ May disperse using a closed system such as an oral dispenser; will disperse within 5 min of shaking ⁴ Warning: Do not handle dispersed tablets if pregnant or intending to become pregnant ⁴
LETROZOLE	Letrole	Tablet	Film coated, do not break or crush the tablet, can be dispersed in water if wearing a mask and gloves. Do not disperse the tablet if you are pregnant. ⁴
LEVETIRACETAM	Everet	Tablet	Film coated; do not halve ³ Alternative route available, oral liquid available ⁷ May be crushed but tablet has a bitter taste ⁴
LEVODOPA/CARBIDOPA	Sinemet	Tablet	May be crushed or dispersed in water but is very slow to disperse and may require crushing first ⁴ The tablet can be divided to aide swallowing but should be consumed as a whole dose ³
LEVODOPA/CARBIDOPA CR	Sinemet CR	Tablet	Controlled release ³ Do not divide, crush, chew or disperse ³ Immediate release preparations available ³
LEVODOPA/BENSERAZIDE (dispersible)	Madopar Rapid	Tablet	Soluble dispersible tablet ³ Disperse in 10mL water before taking ⁴
LEVODOPA/BENSERAZIDE	Madopar	Capsule	Open the capsule and disperse the contents in water, will disperse within 1min to form an even suspension ⁴
LEVODOPA/BESERAZIDE (long acting)	Madopar HBS	Capsule	Modified release; swallow whole, do not crush, chew, disperse or open capsules ^{3,4} Immediate release and dispersible preparations available ³
LEVOMEPRMAZINE MALEATE	Nozinan	Tablet	Film coated ³ Tablet can be divided ³ Alternative route available ³
LISINOPRIL	Ethics Lisinopril	Tablet	Disperse in water or may be crushed ⁴ 5mg tablet can be halved ³
LITHIUM CARBONATE	Lithium Carbonate (Douglas)	Capsule	No information
LITHIUM CARBONATE (long acting)	Priadel	Tablet	Modified release ³ Scored, may be halved ³ Do not, crush, chew or swallow with hot liquid ³
LOPERAMIDE	Diamide Relief	Capsule	Open the capsule and disperse the contents in water ⁴
	Nodia	Tablet	Scored tablet, but dose equivalence when the tablet is divided has not been established. ³ May be crushed ⁴

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LORATADINE	Lorafix	Tablet	May be crushed but may have a very bitter taste ⁴ Oral liquid available ³
LORAZEPAM	Ativan	Tablet	Disperse in water, may be crushed or given sublingually ⁴
LOSARTAN	Losartan Actavis	Tablet	Film coated; ³ do not halve ³
LOSARTAN AND HYDROCHLOROTHIAZIDE	Arrow-Losartan & Hydrochlorothiazide	Tablet	Film coated ³ No information
MEBEVERINE	Colofac	Tablet	Sugar coated ³ Do not chew, has a very bitter taste ³ Disperse in water, will take 5min to disperse ⁴
MEDROXYPROGESTERONE	Provera	Tablet	5mg and 100mg tablets will disperse within 2 minutes or may be crushed ⁴ Gloves and mask should be worn, women of child-bearing potential should not crush or handle broken tablets ⁴
MELATONIN (long acting)	Vigisom	Tablet	Prolonged release; swallow whole ³ May be crushed however the release will be immediate and not prolonged-release ⁴
MESALAZINE (long acting)	Pentasa	Tablet	Prolonged-release; do not divide, crush or chew ⁷ May disperse in 50mL of cold water; stir and drink immediately ³ Alternative route available ³
MESALAZINE EC	Asacol	Tablet	Enteric coated; do not divide, crush, chew or disperse ³ Alternative route available ³
METFORMIN	Metformin Mylan	Tablet	Film coated ³ May be crushed ⁴
METHADONE	Methatabs	Tablet	Alternative route available ³ Oral liquid form available ³ Will disperse in water within 5 min ⁴
METHOTREXATE	Trexate	Tablet	Do not divide, crush, chew or disperse ³ Cytotoxic; crushing causes occupational health and safety risk ³
METHYLPREDNISOLONE	Medrol	Tablet	Do not halve ³
METOCLOPRAMIDE	Metoclopramide Actavis	Tablet	Film coated; may be divided ³ Alternative route available ³ May be crushed ⁴
METOPROLOL SUCCINATE CR	Betaloc CR	Tablet	Controlled release ³ May be halved, but must not be chewed, crushed ³ or dispersed ⁶
METOPROLOL TARTRATE	IPCA-Metoprolol	Tablet	May be crushed ⁴

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METOPROLOL TARTRATE (long acting)	Slow-Lopresor	Tablet	Slow release; do not divide, crush, chew or disperse ³
METRONIDAZOLE	Metrogyl	Tablet	Tablet may be dispersed, will disperse within 5min, give with or immediately after food ⁴ Wear a mask and gloves as antibiotics can be irritant ⁴ Alternative route available ³ Oral liquid form available ³
MIDODRINE	Gutron	Tablet	If there are no other options, may be crushed. May cause stomatitis ⁴
MIRTAZAPINE	Mirtazapine Noured	Tablet	Film coated; do not chew ³ May be crushed ⁴
MOCLOBEMIDE	Aurorix	Tablet	Film coated ⁴ May be crushed ⁴
MOLNUPIRAVIR	Lagevrio	Capsule	Open the 4 capsules and disperse contents in 40ml of water or mix with yoghurt ⁴
MORPHINE SULPHATE	Sevredol	Tablet	Film coated, do not chew but may halve ³ Crushing will cause unacceptable taste ² Alternative route available; oral liquid form available ³
MORPHINE SULPHATE (long acting)	m-Eslon	Capsule	Modified release ³ May be opened, and microgranules given with soft food or liquids. Do not chew or crush granules, this will cause rapid release of morphine and toxic concentrations ³
MULTIVITAMINS	Mvite	Tablet	Film coated ³
MULTIVITAMIN RENAL	Clinicians Renal Vit	Capsule	No information
NAPROXEN	Noflam	Tablet	Can be halved and the halves swallowed whole ³
NAPROXEN SR	Naprosyn SR	Tablet	Slow release; do not divide, crush, chew or disperse ^{3,4}
NEFOPAM	Acupan	Tablet	Film coated ³
NIFEDIPINE (long acting)	Tensipine MR10 Nifedipine Mylan Nyefax Retard	Tablet	Controlled release ³ Do not divide, crush, chew or disperse, ^{3,4}
NIRMATRELVIR with RITONAVIR	Paxlovid	Tablet	Give nirmatrelvir and ritonavir tablets at the same time. May be crushed, Nirmatrelvir may be dispersed in water ⁴
NITROFURANTOIN	Nifuran	Tablet	No information An oral liquid may be compounded ⁷
NITROFURANTOIN (long acting)	Macrobid	Capsule	Modified release capsule, swallow whole, do not open capsule ⁷

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NORFLOXACIN	Arrow-Norfloxacin	Tablet	Film coated ³ May be crushed while wearing a mask and gloves. Do not administer with milk or yoghurt, can mix with chocolate syrup to mask the bitter taste. ⁴
NORTRIPTYLINE	Norpress	Tablet	Film coated ³ 25mg tablets may be divided ³ May be dispersed or crushed ⁴
OLANZAPINE	Zypine	Tablet	Film coated ³ Dispersible tablets available ³ Disperse the tablet in water or may crush but wear a mask, gloves and glasses as can cause contact dermatitis and is an irritant to the eyes ⁴
OLANZAPINE (dispersible)	Zypine ODT	Tablet	Orodispersible ³ Do not halve, place in mouth whole to disperse in saliva, followed by a glass of water ³ Alternatively disperse in water or juice ⁴
OMEPRAZOLE	Omeprazole Activis	Capsule	May open capsule and swallow the contents with water, fruit juice or yoghurt The pellets must not be crushed or chewed ³ Alternative route available ³ Oral liquid form available ⁷
ONDANSETRON	Onrex	Tablet	Film coated ³ May be dispersed in water ⁴ Dispersible tablet available ⁷
ONDANSETRON (dispersible)	Ondansetron ODT-DRLA	Tablet	Orally disintegrating ³ Do not halve; place on top of tongue to disperse, then swallow ³
ORPHENADRINE CITRATE	Norflex	Tablet	Modified release, Do not crush or disperse the tablet ⁴
OXYBUTYNIN	Alchemy-Oxybutynin	Tablet	May be crushed ⁴
OXYCODONE	OxyNorm	Capsule	Open the capsule and disperse the contents in water or mix with yoghurt ⁴ Alternative route available ³ Oral liquid form available ³
OXYCODONE (long acting)	Oxycodone Sandoz	Tablet	Controlled release; swallow whole ³ Do not break, chew or crush ³ Alternative route available ³ Oral liquid form available ³
PANTOPRAZOLE EC	Panzop Relief	Tablet	Enteric coated; swallow whole, do not chew, divide, crush or disperse ³
PARACETAMOL	Pacimol	Tablet	Alternative route available; suppositories available ³
	Noumed Paracetamol	Tablet	Oral liquid form available ³ May be dispersed or crushed but the taste may be unpleasant ⁴
PARACETAMOL & CODEINE	Relieve	Tablet	May be divided ³ May be crushed if no other options but the taste may be unpleasant ⁴

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Medicine	Funded brand	Form	Administration if swallowing difficulties
PAROXETINE	Loxamine	Tablet	Film coated ³ May be crushed ⁴ Do not crush if pregnant ⁴
PERHEXILINE	Pexsig	Tablet	May be crushed ⁴
PERINDOPRIL	Coversyl	Tablet	Film coated; may be crushed ⁴ Do not crush if pregnant ⁴
PHENYTOIN	Dilantin	Capsule	May open the capsule and disperse contents in water. Wear a mask and gloves and do not disperse if pregnant. ⁴ Alternative route available, oral liquid form available (but check bioequivalence) ²
PHENYTOIN CHEWABLE	Dilantin infatab	Tablet	If the person can chew and does not require an excessive number of tablets use the chewable tablets. ⁴ Not bioequivalent to capsule ⁴ Oral liquid form available ⁷
PHOSPHATE	Phosphate phebra	Tablet	Effervescent; can be dissolved in one third to one half a glass of water ⁷
PIZOTIFEN	Sandomigran	Tablet	May be crushed ⁴
POTASSIUM CHLORIDE (long acting)	Span-K	Tablet	Sustained release; do not divide, crush, chew or disperse ^{3,4} Effervescent tablet available ³
POTASSIUM CHLORIDE/ POTASSIUM BICARBONATE/ POTASSIUM CARBONATE	Chlorvescent	Tablet	Effervescent, ⁷ soluble, dispersible ^{3,4} Dissolve in at least half a glass of water ⁴
PRAVASTATIN	Pravastatin Mylan	Tablet	May be crushed ⁴ Do not crush if you are pregnant ⁴
PREDNISONE	Prednisone Clinect	Tablet	May be crushed ⁴ Prednisolone syrup available ⁷
PREGABALIN	Pregabalin-Pfizer	Capsule	Open the capsule and disperse in 120mL of water ⁴
	Lyrica	Capsule	Open the capsule and disperse the contents in 120ml of water ⁴
PROCHLORPERAZINE	Nausafix	Tablet	May be crushed or dispersed in water, use immediately as sensitive to light. ⁴ Alternative route available ³ Buccal tablets available ⁷
PROMETHAZINE	Allersoothe	Tablet	Film coated ³ May be crushed or dispersed ⁴ Alternative route available ³ Oral liquid available ⁷
PROPRANOLOL	Drofate	Tablet	Do not halve ³
	IPCA-Propranolol	Tablet	No information.

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Medicine	Funded brand	Form	Administration if swallowing difficulties
PROPRANOLOL (long acting)	Cardinol LA	Capsule	Long acting; do not divide, crush, chew or disperse ³
PYRIDOSTIGMINE	Mestinon	Tablet	May be crushed or dispersed in water. Tablets are slow to disperse ⁴
PYRIDOXINE	Pyridoxine multichem Vitamin B6 25	Tablet	May be crushed, or dispersed in water ⁴
QUETIAPINE	Quetapel	Tablet	Film coated. May be crushed or dispersed in water, do not halve ³ .
QUINAPRIL	Arrow-Quinapril	Tablet	Film coated; swallow whole with a full glass of water, do not chew ³ . Do not crush or disperse the tablet ³ .
QUINAPRIL/ HYDROCHLOROTHIAZIDE	Accuretic	Tablet	Film coated; swallow whole with a full glass of water, do not chew ³ . Do not crush or disperse the tablet ³ .
RALOXIFENE	Evista	Tablet	Film coated ³ tablets have unpleasant taste ¹ Avoid contact with skin, wear a mask and gloves; teratogenic potential ¹ . Do not disperse or crush the tablet if you are pregnant ⁴ .
RISEDRONATE	Risedronate Sandoz	Tablet	Film coated, do not divide, crush, chew or disperse ^{3,4} Potential for oropharyngeal irritation ³ Alternate bisphosphonate available as injection ³
RISPERIDONE	Risperidone Teva	Tablet	Film coated; do not halve ³ Oral liquid form available ³
RIVAROXABAN	Xarelto	Tablet	Film coated tablet ³ Tablets may be crushed and mixed with water or apple sauce immediately prior to use ³
ROPINIROLE	Ropin	Tablet	Film coated ³ ; tablets may be halved. May be dispersed or crushed ⁴
ROSUVASTATIN	Rosuvastatin Viatris	Tablet	Film coated; do not halve ³ . Do not crush or disperse the tablet if you are pregnant. ⁴
ROXITHROMYCIN	Arrow-Roxithromycin	Tablet	Film coated; swallow whole ³ . Wear a mask and gloves if crushing the tablet ⁴ . Bioavailability of the crushed tablet is greater than the whole tablet ⁴ . Dispersible tablet available ⁷
ROXITHROMYCIN (dispersible)	Rulide-D	Tablet	Dispersible tablet. Disperse in a small amount of water (may take 30-40 seconds) ⁷ Give immediately after dispersion, the suspension develops a bitter taste over time ⁴ Delisted 1/3/23
SERTRALINE	Setrona	Tablet	Film coated; may be crushed but has a bitter taste and slight anaesthetic effect ⁴ Disperse tablets within 1-5min with agitation ⁴

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Medicine	Funded brand	Form	Administration if swallowing difficulties
SIMVASTATIN	Simvastatin Mylan	Tablet	Film coated ³ ; crush the tablet and mix with water. Do not crush or disperse the tablet if you are pregnant. ⁴
SODIUM BICARBONATE	Sodibic	Capsule	May open and disperse contents in 10mL water, give immediately ⁴
SODIUM VALPROATE	Epilim Crushable	Tablet	May be crushed ^{3,4} but do not halve ³ Alternative route available, oral liquid form ³ Do not crush or disperse tablets if you are pregnant. ⁴
SODIUM VALPROATE EC	Epilim	Tablet	Enteric coated ³ Do not divide, crush, chew or disperse ⁴ Alternative route available, oral liquid form ³
SOTALOL	Sotalol Mylan	Tablet	No information
SOLIFENACIN	Solifenacin Mylan	Tablet	Film coated ³ Crushed tablets may have a bitter taste ⁴ .
SPIRONOLACTONE	Spiractin	Tablet	Wear a mask and gloves if crushing the tablet ⁴ . May be dispersed in water, will disperse within 2-5 min ⁴
SULFASALAZINE	Salazopyrin	Tablet	May be crushed ⁴ ; does not disperse easily. Crushed tablets may be irritant, wear a mask and gloves ⁴ .
SULFASALAZINE EC	Salazopyrin EN	Tablet	Enteric coated; do not divide, crush, chew or disperse ^{3,4} Immediate release tablet available ^{2,3}
SUMATRIPTAN	Sumagran	Tablet	Film coated; swallow whole with water, do not halve ³ May be crushed ⁴ . Alternative route available ³
TAMSULOSIN (long acting)	Tamsulosin-Rex	Capsule	Modified release; swallow whole, do not crush or chew ³
TAMOXIFEN	Tamoxifen Sandoz	Tablet	Disperse tablet in 5-10mL of water, using a closed system such as an oral dispenser ⁴ Wear a mask and gloves if crushing or dispersing the tablet ⁴ . Do not crush or disperse the tablet if you are pregnant or a woman of child-bearing potential ⁴ .
TEMAZEPAM	Normison	Tablet	May be crushed. do not halve ³ Tablet difficult to disperse ⁴
TENOXICAM	Tilcotil	Tablet	Film coated, do not chew but can divide ³
TERBINAFINE	Deolate	Tablet	Scored, can be halved ³ May be crushed ⁴
THEOPHYLLINE SR	Nuelin-SR	Tablet	Slow release; do not divide, crush, chew or disperse ^{3,4} Oral liquid available ⁴
THIAMINE	Max Health	Tablet	Uncoated ⁷ May be crushed ⁴

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Medicine	Funded brand	Form	Administration if swallowing difficulties
THYROXINE (Levothyroxine)	Eltroxin Mercury Pharma Synthroid	Tablet	Swallow whole with a full glass of water, do not halve ³ Swallow whole ³ May be crushed and suspended in 5-10mL water, or sprinkled on small amount of food (eg apple sauce), and given immediately ³ Do not halve ⁴ .
TICAGRELOR	Brilinta	Tablet	Film coated; can crush, mix with water, stir and drink immediately ³
TOLCAPONE	Tasmar	Tablet	Film coated; swallow whole, has bitter taste ³
TRAMADOL	Arrow-Tramadol	Capsule	Swallow whole with water ³ . May open capsules and disperse contents in water ⁴ .
TRAMADOL SR	Tramal SR	Tablet	Sustained release; do not divide, crush, chew or disperse ^{3,4}
TRANEXAMIC ACID	Mercury Pharma	Tablet	Film coated ³ . May be crushed or dispersed in 10-20mL of water ⁴ .
TRIAZOLAM	Hypam	Tablet	Do not halve ³ No information.
TRIMETHOPRIM	TMP	Tablet	May be crushed or dispersed ⁴ Community pharmacy may be able to compound oral liquid ⁷
VENLAFAXINE	Enlifax XR	Capsule	Extended release; do not crush, chew or disperse ³
VERAPAMIL	Isoptin	Tablet	Film coated, ³ may be crushed or dispersed in water ⁴
VERAPAMIL SR	Isoptin SR	Tablet	Sustained release; do not crush or chew ⁴ Immediate release tablets available ³
VILDAGLIPTAN	Galvus	Tablet	May be crushed ⁴
VILDAGLIPTAN with METFORMIN	Galvumet	Tablet	May be crushed ⁴
VITAMIN B COMPLEX	Bplex	Tablet	No information.
WARFARIN	Coumadin Marevan	Tablet	May be crushed ⁴ Do not crush or disperse tablet if you are pregnant ⁴ Disperse tablet in water or if slow to disperse can crush. ⁴ Do not disperse or crush tablet if you are pregnant ⁴
ZINC SULPHATE	Zincaps	Capsule	May open capsule and disperse contents in water ⁴
ZOPICLONE	Zopiclone Actavis	Tablet	Film coated; may be crushed ³ May disperse tablet; disperses within 5min. If it does not disperse within 5 min, may crush ⁴ Tablets have a bitter taste, may be given with yogurt ⁴

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